

Frequently Asked Questions

How long does the 2009 Total Wellness Rewards program run?

The program begins on March 5, 2009 and runs through November 30, 2009.

Will my information be confidential?

Absolutely. All information is reported anonymously.

What if I drop out of the program before the end of the year?

You will be rewarded at the end of the year at the tier closest to your point level with a minimum of 50 points.

How am I ensured payment in the last December paycheck?

Once you've completed the program, click the "redeem my points" icon at www.talecriswellness.com and submit any necessary paperwork to Corporate Health Services.

Additional information is available on the Corporate Health Services Web site.

www.talecriswellness.com



Total Wellness Rewards

Get Healthy. It Pays.

- Talecris-sponsored health and wellness benefit
- Incentive-based health reward program
- Managed and tracked by the prestigious Mayo Clinic
- Program access 24 hours a day, 7 days a week
- Confidential participation
- Employee spouses and partners eligible
- Register beginning March 5, 2009 at www.talecriswellness.com

Talecris
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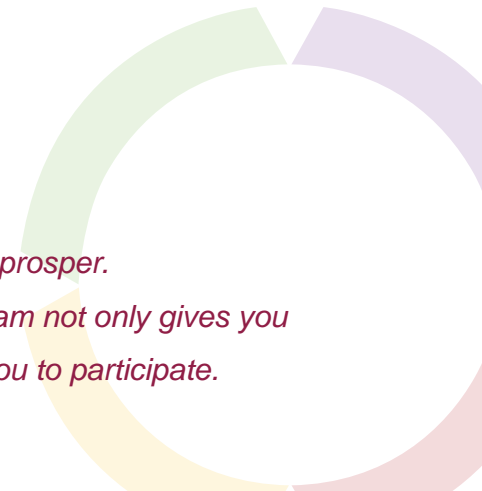


Total Wellness Rewards

Get Healthy. It Pays.

Another great program to help you prosper.

The Total Wellness Rewards program not only gives you a plan for healthy living, but pays you to participate.



A Great Talecris Program to Help You Prosper

The *Total Wellness Rewards* program not only gives you a plan for healthy living, but pays you to participate. As your employer, Talecris knows how important it is for you to be healthy. When you are healthy, you and everyone around you are more productive. More productivity leads to greater business success – that is, more products for more patients and unlimited opportunities for you.

Talecris has teamed up with Mayo Clinic to make your participatory health program even better. Through our online, point-based health reward system, *Total Wellness Rewards*, you can choose what activities to participate in and how often to earn your incentive points. The pace of your participation in the program is up to you.

Wellness Fact:

Studies show that work health promotion programs can reduce employee sick leave by as much as **22%**.



Earn Money for Your Participation

Whatever approach you take, *Total Wellness Rewards*, with all of its great incentives, will get you (and your spouse/partner) more active in managing your health. At the end of the program, you'll not only feel good, you'll be up to \$300 richer. It's that simple. The program begins on March 5 and ends on November 30, 2009. You are rewarded once in the last December 2009 paycheck.

Total Wellness Rewards Works for You

Total Wellness Rewards is a voluntary, health participation program designed to promote active, healthy lifestyles. This self-guided, online health program offers financial rewards based on your participation. It's a terrific way for Talecris to share your wellness goals and help you prosper.

Wellness Fact:

If all smokers in the U.S. quit smoking today, there would be a **30%** reduction in all cancers.

Earn Points and Get Paid

The great thing about *Total Wellness Rewards* is that there is no prescribed method for success. This program offers a variety of activities to help you earn points and stay healthy. One hundred (100) earned points gets you \$300 at the end of the program year — but less activity doesn't mean no rewards, it just means a smaller reward for fewer points earned.

The *Total Wellness Rewards* point distribution system is designed to get you highly engaged in those activities that provide you the greatest value, but every activity in the program will benefit your overall health. So get started today!

Wellness rewards are based on accumulating points. Your reward level depends on which tier you attain by the end of the year.

Tier 1

50 - 74 points
\$150 reward

Tier 2

75 - 99 points
\$200 reward

Tier 3

100 points or more
\$300 reward

Three Activity Reporting Categories for Reward Points

Wellness Fact:

Approximately every **26** seconds an American will suffer from a coronary event and approximately every minute someone will die from one.

Types of Activities

1 Mayo Clinic

- www.talecriswellness.com registration (10/2 points*) (EmbodHealth portal)
- Health Assessment (25/12 points*)
- Online health programs (5/5 points*)
- Health screenings (5/5 points*)

2 Self-Reported

- Gym membership (20/10 points*)
- Talecris-sponsored event participation (5/0 points*)
- Community event participation (10/5 points*)
- Blood donation (5/2 points*)

3 Health-Related

- Annual flu shot (5/2 points*)
- Nutritional visits (5/2 points*)
- Annual physicals (if applicable) (5/2 points*)
- Massage therapy sessions (5/0 points*)

**Reward points for employee and spouse or partner participation. For example, if you and your spouse or partner give blood, then you will receive five points and your spouse or partner will receive two points (5/2 points) towards your goal.*